I/WE CLAIM:

- 1. A method for assembling eyewear comprising:
 - providing a frame structure for the eyewear, the frame structure defining at least one opening;
 - providing a lens unit including a lens and a rim element, the rim element encircling the lens and having a dimension to be visible in a front view of the eyewear when the lens unit is attached to the frame structure; and
 - removably attaching the lens unit to the frame structure to cover the opening.
- 2. The method as claimed in claim 1 comprising selective replacement of the lens unit attached to the frame structure with another lens unit when changing properties of the eyewear is desirable.
- 3. The method as claimed in claim 1 comprising steps of:

 providing a plurality of interchangeable lens units,

 the rim elements of the respective

 interchangeable lens units being different, and

 the respective interchangeable lens units being

 adapted to be removably attached to the opening

 of the frame structure for replacement of one

 with another; and
 - selecting one of the interchangeable lens units to replace the lens unit having been attached to the opening of the frame structure.

- 4. The method as claimed in claim 3 wherein the interchangeable lens units comprise a lens unit having a rim element made of metal material.
- 5. The method as claimed in claim 3 wherein the interchangeable lens units comprise a lens unit having a rim element made of rubber material.
- 6. The method as claimed in claim 3 wherein the interchangeable lens units comprise a lens unit having a rim element made of a material selected from wood and foam material.
- 7. The method as claimed in claim 3 wherein the interchangeable lens units comprise a lens unit having a rim element made of plastic material.
- 8. The method as claimed in claim 3 wherein the interchangeable lens units comprise a lens unit having a rim element defining an air venting passage to vent moisture when the eyewear is in use.

9. Eyewear comprising

- a frame structure defining at least one opening;
- a lens unit removably attached to the frame structure and covering the opening thereof, the lens unit including a lens and a rim element encircling the lens, the rim element having a dimension to be visible in a front view of the eyewear; and
- a plurality of interchangeable lens units adapted for selective replacement of the lens unit attached to the frame structure.

- 10. The eyewear as claimed in claim 9 wherein the rim elements of the respective interchangeable lens units are made of different materials.
- 11. The eyewear as claimed in claim 9 wherein the rim elements of the respective interchangeable lens units are made in different colors.
- 12. The eyewear as claimed in claim 9 wherein the frame structure comprises a plurality of retaining elements defined in a spaced-apart relationship at an inner periphery of the opening for releaseably retaining the rim element of the respective interchangeable lens units.
- 13. Eyewear permitting air ventilation when in use comprising:
 - a frame structure defining a pair of openings;
 - a pair of lens units removably attached to the frame structure for covering the respective openings thereof; and
 - each of the lens units including a lens and a rim element encircling the lens.
- 14. The eyewear as claimed in claim 13 wherein the rim element of the respective lens units is made of a material other than a material of the lens.
- The eyewear as claimed in claim 13 wherein the rim 15. element of the respective lens units is made of a material selected from a group of materials consisting of metal, plastics, rubber, elastomeric material and foam material.

- 16. The eyewear as claimed in claim 13 wherein the rim element of the respective lens units is dimensioned to be visibly distinguishable from both the lens and the frame structure.
- 17. The eyewear as claimed in claim 13 wherein the rim element of the respective lens units comprises a passage extending therethrough for facilitating air ventilation when the eyewear is in use.
- 18. The eyewear as claimed in claim 13 wherein the frame structure comprises a plurality of retaining elements defined in a spaced-apart relationship at an inner periphery of each of the openings for releaseably retaining the rim element of the lens unit.
- 19. The eyewear as claimed in claim 13 wherein the rim element of the respective lens units comprises at least one retaining element projecting outwardly from an outer periphery of the rim element for a releasable attachment to the frame structure.
- 20. The eyewear as claimed in claim 19 wherein the frame structure comprises at least one recess defined at an inner periphery of the respective openings for accommodating the retaining element of the respective lens units.